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Bookstore relocates



The grand opening for the new bookstore is Nov. 17. TAYLOR O'BERRY | THE ROTUNDA

by Jesse Plichta-Kellar | News Staff | @JesseKellar

ongwood University's Barnes and Noble bookstore completed its move to its new location at 200 South Main Street. The first day of business was on Oct. 30 with a grand opening event planned for Nov. 17, according to Store Manager Amber Clark.

The store took about a month to move, according to Clark.

"We spent the last week of Sept. through that day in the transition process," Clark said. "It was about forty people (helping)."

Relocating the bookstore is part of the Master Plan, according to Louise Waller, executive director of campus planning and construction.

Waller told The Rotunda in Oct. 2016 one of the plan's goals is to "increase foot traffic and integration with the downtown Farmville area."

The bookstore rents out the space from Walk2Campus, who owns the building, according to Clark.

"We, Barnes and Noble College worked with Walk2Campus, Longwood's Real Estate Foundation and Longwood University to finish this project," Clark said.

The building was renovated by Walk2Campus with involvement from the Department of Historical Restorations (DHR), which presented initial planning challenges, according to Clark.

"Any time you have DHR involved there are certain things you can or cannot do with the space and that of course is going to affect a retail location," Clark said. "So that presented some challenges as far as where we could put certain equipment and what kind of cosmetic changes."

According to Clark, Longwood chose the location to incorporate

itself further into the community.

"They want the community to feel like they love Longwood and show the community that Longwood loves them," said Clark.

Clark also said the new location should increase business for the bookstore.

"In the (Midtown) Landings, I think a lot of people didn't know there was a Barnes and Noble in town, it was kind of off the beaten path," Clark said.

According to Clark, one of the initial concerns of the new location was it's distance.

"Some people were a little concerned about the walking distance for students, but I can attest that it's really not any different," said Clark.

The only pending concern Clark stated is long lines being exacerbated by the new layout of the bookstore at the end of the semester.

"The one thing I'm worried about in this location is lines in the beginning and the end of the semester," Clark said. "We get about 80 percent of what we rented back on the last day to turn it in, which is always the Friday of finals (week)."

Additionally, the bookstore has an incentive program in the form of a donation to FACES, Farmville's local food pantry, in the student's name if textbooks are turned in by a certain date. The goal of the bookstore is to reach \$500 worth of donations in student's name, according to Clark.

"We've never hit that goal, we'd love to hit that goal this year," said Clark.

Northam's higher education program Cybersecurity and entrepreneurship a large focus

by Christine Rindfleisch | News Editor | @longwoodrotunda

Starting his tenure in Jan. 2018 for four years, Governor-elect Ralph Northam is looking to bring affordability, accessibility and innovation to Virginia's higher education system by investing more funding, as explained in his plan published on Aug. 29.

"Students should not have to shoulder the burden of large tuition increases, and every student should have an option to go without oppressive debt," according to Northam's campaign website.

Longwood Director of Government Relations Emily O'Brion said, "There's a lot of issues around higher ed on the state level that are really then bipartisan issues that republicans and democrats really think are important of course for example, affordability."

Northam will look to establish a "four year promise" plan, in part trying to maintain the same financial package for all four years for students.

O'Brion said, "I think he realizes there is so much untapped potential for students with entrepreneurship. We are excited to think more about that and work with his team on what we can do at Longwood to also promote entrepreneurship." In terms of innovation, Northam plans to increase cyber security programs in higher education.

"(The McAuliffe administration) passed language in the budget that creates a cyber scholars fund so that graduate students and other students if they are selected they are rewarded a really nice financial aid package and in exchange they agree to work with a state agency for however many of years they've been awarded," said O'Brion.

In December 2016, Longwood seniors Tyler Chuba and Michael Moore were awarded the Virginia Cyber Security Public Service Scholarship, started during current Governor Terry McAuliffe's administration.

"We would love to see that continued (and know) what else can we do to try to boost the number of cyber graduates that we are sending out into the workforce," said O'Brion.

Northam also wants to establish equality in education for "students of color, students in poverty, and students with disabilities."

"There has been some focus on making sure that underrepresented student populations have access to two year or four year. I think that is something that all colleges are paying attention to especially in the last few years ... It's not only making sure that students have access but also that everyone has an opportunity to complete as well," said O'Brion.

Part of Northam's plan is to have multiple "pathways" for higher education, ranging from technical schools to two and four year universities and online education, according to O'Brion.

"(Longwood wants to make) sure that we have opened up as many pathways as possible to help students complete in a timely manner," said O'Brion.

When asked in reference to a timely manner, O'Brion stated some students have "obvious reasons" as to why graduating in four years isn't going to work.

In addition, Northam plans to create a website with information pertaining to for-profit colleges so prospective families are aware of what each Virginia college is offering, according to Northam's campaign website.

According to O'Brion, Northam has visited Longwood's campus several times over past summers for Virginia's Girls State.

"We are certainly excited to be working with him and excited to see some of the folks that he will be bringing into his administration," said O'Brion.



Ralph Northam (D) beats out Ed Gillespie (R) and Clifford Hyra (L) with 53.9% of the vote.



Political organizations hold debate College Republicans take the debate from audience vote

by Miranda Farley | Social Media Editor | @mir4nda9

ollege Republicans, College Democrats and Longwood For Liberty conducted the annual mock debate on Nov. 6 in Jarman Auditorium, discussing issues such as the Deferred Action for Childhood Arrival (DACA) program, military spending, banned countries, regulation of gun laws, threats from North Korea, the education system, health care and transgender people in the military.

President Reveley expressed appreciation for the annual mock debate before it began and for the millennial generation he believes gets an "undeserved" negative reputation. He also encouraged students to be involved with politics and go out and vote.

Each party started by giving their opening statement. Parties had one and a half minutes to respond to each question with a thirty second time limit for other parties to rebuttal the responses. Throughout the debate, students tweeted questions for the debaters. After the parties gave their closing statements, a few of the questions were selected to be asked.

At the end of the debate, the audience voted. Once the votes were counted, moderators MacKenzie Adamson and Brenda Pereira announced College Republicans as the winner. Sophomores Megan Garrett and TJ Wengert were the two students representing College Republicans. Garrett is the president of College Republicans and participated in the mock debate for her first time.

"I was very, very nervous (before the debate) because I hadn't been on stage debating before but after it I feel a lot better because I had a large support system here," said Garrett.

Juniors Joe Hyman and Chris Siefke were the debaters for College Democrats. Siefke participated in the debate for his first time.

"I hope that everybody just got a better sense of the political landscape right now and the current issues being faced by our country," said Siefke.

Senior Alex McKesson and sophomore James Gallagher were the two students representing the libertarians. Longwood For Liberty Vice President Zach Wallen watched his peers debate from the audience. He was surprised by the voting results.

"Usually Republicans don't do that well in colleges. I was surprised by it.. but I think they gave good answers," said Wallen.

Siefke was impressed by how all three parties debated and did not see the winner of the debate as the most important aspect of the night.

"It's really all in the spirit of debating and it doesn't really necessarily matter who wins or who doesn't," said Siefke.

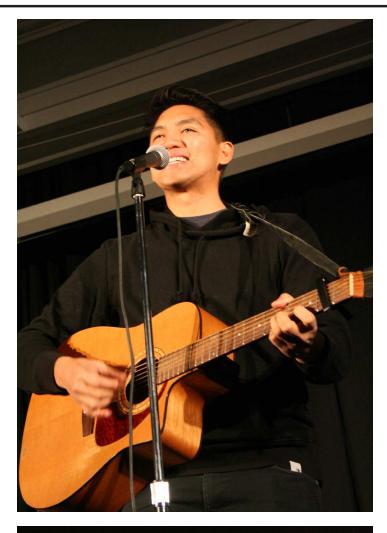




TAYLOR O'BERRY | THE ROTUNDA

Longwood College Republicans, Longwood for Liberty and Longwood Democrats debated about gun control, military spending, transgender individuals in the military, education spending and more during the Mock Political Debate in Jarman on Monday night.







EVA WITTKOSKI | THE ROTUNDA

JR De Guzman sings comical songs that he makes up on the spot to give the audience a good laugh.

A comedian's take on racism and sexuality

Lancer Productions introduces JR de Guzman to Longwood

by Rae Mundie | Features Staff | @rjmundie

ven with the chandeliers off in the Lankford Ballroom in the Student Union the room still looks fancy enough for a dance or a formal speech. As J.R. de Guzman took the stage on Saturday evening, he said it was too fancy for his act and felt as though he should be giving a TED talk instead.

During his act Guzman tried to not only be interactive with his jokes but most of jokes were sang and not told, most of the comedy was actually in song. Guzman stood on the stage with his guitar and sang songs about different jokes different or points he wanted to make.

Kinesiology sophomore Damante Turner said, "I thought he was amazing, I think I've seen him once or two on Comedy Central, and it was really amazing to just see him in person."

During the show his girlfriend, Chelsie Brown, came on stage to help with one of the songs. Brown said it was Guzman that got her into stand up but that also going to a few shows and conventions she learned she might want to pursue the career. Though she said she currently follows Guzman's sets and performs at open mics, she isn't earning the money as a comedian yet.

"(Stand up is) a lot less stability, a lot more traveling, I worked a nine to five job and 40 hours a week (compared) to stand up that depends on when you a gig or not get one," said Brown.

I've always been interested in stand up but they (UC Davis) offered a class on stand up comedy and that's what really gave me the confidence because it was a safe environment to fail or bomb," -J.R. de Guzman

> Currently, she enjoys spending her time helping people as a music therapist, but looks forward to creatively bringing light to necessary topics despite the lack of job security as a comedian. Guzman sang his jokes

> Guzman sang his jokes instead of telling them; most involved messages about ridiculous

racism and sexuality issues, poking fun at stereotypes. He tried to use the time to talk about racism and his own experiences. Of of his songs focused on people who are of a mixed race and how they shouldn't be afraid of success.

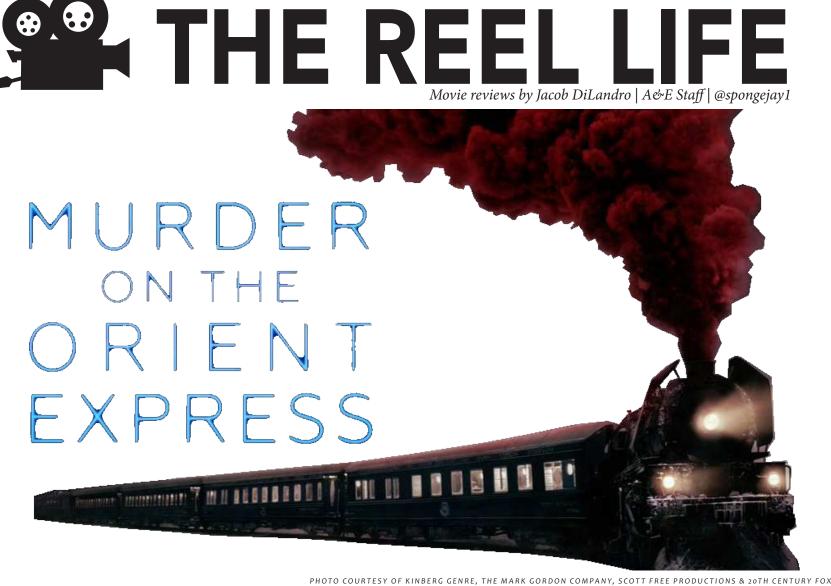
"I've always been interested in stand up but they (UC Davis) offered

> a class on stand up comedy and that's what really gave me the confidence because it was a safe environment to fail or bomb," said Guzman.

By making fun of stereotypes, Guzman bonded with the crowd even by asking those within the audience if they had any similar experiences. This also was the time for Guzman to tell his story and to bring Brown onto the stage to tell her story about her own upbringing. Both Brown and Guzman are stand up comedians but they are using their jobs to be able to

reach as many people as possible with a message of inclusiveness.

"Have two caps, that's my advice, two hats one is for business and then a creative hat," said Guzman. "Most people think it is one or the other, but I think it's just different times, and you just have to think about (which to use)."



A dapting a decade's old story is no small feat. Let alone a story that is one of the most famous mysteries of all time. Kenneth Branagh has decided to take on that challenge though, as he directs and stars in this star-studded, big budget version of "Murder on The Orient Express."

As this is a mystery film, no spoilers will be discussed here. However, given that the original story is over fifty years old, one has to wonder what a film adaptation would have to do differently in order to make this a train ride worth taking?

Kenneth Branagh clearly places himself center stage as the world renowned Detective Hercule Poirot, a man with a keen eye, and a need for a vacation. His supporting cast is filled with big names; Daisy Ridley, Josh Gad, Leslie Odom Jr., William Dafoe, Dame Judy Dench, Penélope Cruz and many more. However, they fail to truly make an impact.

This doesn't mean they're boring, far from it. Many of them prove to be quite charming and likable. However, they aren't terribly interesting beyond that. Everyone seems to be on autopilot, cranking up the smiles and the depressed looks, skating by purely on name recognition. The only cast members who seem to be putting any effort in are Daisy, Josh, Kenneth and Tom Bateman as Bouc, the train's owner.

Visually, this is an impeccably crafted film.

Shot on 70mm film stock, everything is bright and detailed. The costume designs and attention to detail alone deserve the film heaps of praise. The cinematography is also excellent, with Haris Zambarloukos refusing to shoot anything plainly, leading to heaps of wonderfully stilted angles and gloriously inventive camerawork. Everything is marvelous to look at, lending to one of the best things about the movie.

It just doesn't feel like a film that's made anymore. It's a legitimate mystery film that refuses to feed its audience the answers. Its impeccable costuming and attention to details shows signs of a bygone era of film-making. It also features a gloriously great musical score from Patrick Doyle that feels like a blending of the classic Hollywood orchestra and the modern world of music.

However, plot-wise, it fails to hold up those lofty visual elegance. Some characters just aren't memorable, with a few being introduced halfway through the film. The script lacks the care and attention to detail that the visual have. More often than not, details crucial to the plot are glossed over so easily that the ending doesn't feel like the revelation it should, due to the audience never noticing the details that are made so important.

"Murder" also has one last problem that is arguably its most important; there's nothing to set it apart from the past adaptations. Nothing new, nothing refreshing. The twist ending is the same, as are the characters (with one small change). Nothing innovative has been applied to this classic story.

While it's visually impeccable, and hearkens back to a heyday of film-making, "Murder on The Orient Express" lacks the same attention in its plot and characters that it gave to its visuals. Well cast and decently performed with wonderful visuals, but a lacking plot, "Murder on The Orient Express" isn't dead on arrival. It merely limps into the stations, blowing smoke.





"Without Warning" is a good trap scare

21 Savage, Offset & Metro Booming

COURTESY OF BRYAN STEFFY/GETTY IMAGE

Migos member Offset, rapper 21 Savage and executive producer Metro Boomin' collaborated in the creation of the recently released, Halloween-themed album "Without Warning."

by LeDaniel Jackson | Contributor | @longwoodrotunda

Recently released, some of the hottest artist and one of the premier producers this rap era collaborated to create "Without Warning." 21 Savage, Offset and Metro Boomin came together to create a Halloween-themed trap album.

Rappers 21 Savage and Offset both reside in Georgia while songwriter and producer Metro Boomin comes from Missouri. Prior to "Without Warning," all of these creators crossed paths when Metro Boomin produced 21 Savage's debut album "Issa," which came out in July. Metro Boomin is also known for their work with Offset's hip-hop trio, Migos.

However, the question remains, with all the their talent combined in one album, did they create a banger or another overwhelming piece of trash?

21 Savage and Offset manage to meld their different styles of rapping together well

in their collaboration. 21 Savage brought a dark "trapping-out-thebando" vibe while Offset showcased his quick and witty rapping style.

It's almost like the two creators devised a plan to save each other when they were doing too much, unlike some artists. The pair's natural chemistry didn't appear to be rushed, aiming higher than a sub-par album.

Breakout 24-year-old executive producer Metro Boomin also picked some decent beats to compliment each artist while maintaining the Halloween theme.

The album starts off strong with its first song, "Ghostface Killers." The track highlighted the two creators' different styles between the two creators and a really impressive feature from Travis Scott.

Offset and Travis Scott meshed really well, thanks to their similar use of auto tune. However, 21 Savage came in rapping his normal trap style which contrasted well, giving the song a balance.

Unfortunately, the two artists tried to break away from each other for a few solo songs, but those tracks didn't reach the same caliber as when they were together.

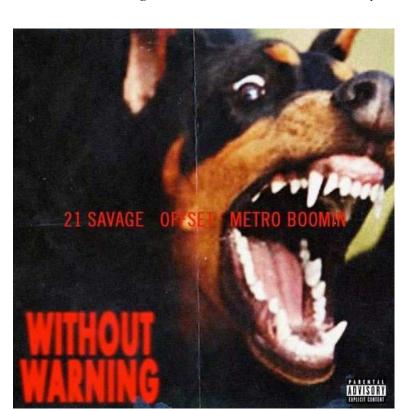
"My Choppa Hates N****s" and "Nightmare" were produced well, transitioning seemlessly between each other. However, the artists just didn't bring enough interest for the songs to be repeated.

"Rap Saved Me" was the best song on the album, telling a story about how the music saved these two creators from their troubled past. This is where the duo shines the best.

However, the MVP of this album is Metro Boomin, once again proving to be one of the best producers to date. He tends to use dark and subtle tones in the background of his hard hitting trap drums. He also had constant howling wolves to stay true to the Halloween theme.

"Without Warning" definitely bumps in the whip and is a good album to put in your gym playlist. Also, it didn't include Takeoff, Migo's weakest member, which is always a positive. Now, let's pray that there won't be a Cardi B and Offset album.





OFFICIAL ALBUM "WITHOUT WARNING" COVER



Rotunda reporter Vivian Gray walked readers step by step through cooking a healthy apple "cookie" and apple cookie energy balls.

Quick and healthy homemade snacks for fall

by Vivian Gray | Opinions Staff | @50shadesofgray

Resides left-over Halloween candy, fall snacks can be not only delicious and decadent but also healthy. Having a fall themed snack for class can boost your energy, help you focus on what you are learning in class and put you in a positive mood on a chilly fall day.

Incorporating seasonal ingredients like spices and whatever fresh produce is at your grocery store into your cooking can also be a great way to spice up your fall cooking.

A staple during fall are apples. Simply because fall is apple season in Virginia and they can be used in multitudes of different recipes. I decided to use apples to create two fall themed healthy snacks. Anyone can enjoy these snacks especially college students due to the accessibility of all the ingredients and because saving money is always key.

Some bonuses in creating these two different snacks would be they're easy to make and can be transported to class. Stick them in a plastic bag and you're ready to go!

The first recipe is a healthy apple "cookie." To make this snack you will need your favorite kind of apple, peanut or almond butter, granola, dark or semi-sweet chocolate chips and cranberries or raisins. After you assemble your ingredients, which can all be purchased at Walmart, you lay them out on a flat surface like a table or a counter. Then proceed to cut the apple into slices and then lay them out flat on either a plate or a baking sheet.

Next, you spread the peanut or almond butter over the individual apple slices, which mimics icing a cookie. After, you will decorate your "cookie" with as much granola, dark chocolate chips, cranberries or raisins as you desire. Once you're done decorating, they're ready to serve. The apple "cookies" are a huge hit with my roommates and are super easy to bring to class. In total this snack cost \$5.26, so it's inexpensive if you're on a budget.

The second recipe is a little more time consuming than the first but worth it. My apple cookie energy balls are a great way to sneak protein and fruit into your diet. First, you're going to need your favorite type of apple (enough to at least make one cup of grated apple depending on how big the apple is), 1/4 cup and 1 tablespoon of honey, ½ cup almond butter, ¾ teaspoon of cinnamon, 1 teaspoon of vanilla extract, 2 cups of old fashioned oats and a pinch of salt.

Next, you separate the wet and dry ingredients into separate bowls and then grate one cup of apple of your choice, my favorite type of apple is a Granny Smith. Then combine the wet and dry ingredients into one bowl and mix it all together. If you aren't willing to spend the money to get some of these items, most of them can be substituted for other products. You can use peanut butter instead of almond butter and granola for old fashion oats.

After you've finished this step, shape the energy balls and place them in the freezer for 5 minutes. This will keep the energy balls from falling part after you slightly freeze the ingredients together. Once they're finished the snacks can last up to 4 days in the refrigerator. Even though this snack is not the prettiest, it tastes great due to the fresh apples and cinnamon.

I eat these on my way to class as breakfast or as a quick on the go snack. All the ingredients used to make the energy balls cost \$12.53, which makes around eight individual snacks. This recipe is a favorite of mine because of how little time it takes to make something that can help keep my energy up during the day as well as it being a light snack that fills me up.

Both snacks are very easy to make. Even if you think you can't cook to save your life, these recipes are fool-proof. Using apples in your snacks can give you a good source of vitamin c, b and fiber which can give our bodies more antioxidants and can help our digestive system. If apple snacks aren't your speed, try signing up to Pinterest for fall or healthy snacks for inspiration!

09 > SPORTS

"It almost suffocated me"

by Jahleem Montague | Contributor | @therealjam_

n the summer of 2016, Bryan Gee would wake up and immediately go to the gym. He would spend hours lifting, completing three to four sessions each day.

Then, after a morning of fullbody aches and vomiting, Bryan went into Centra Southside Community Hospital on June 16, 2016. After his initial examination, the doctors told him he would need a simple appendectomy done.

However, the common surgery took a turn for the worse. Bryan's parents, Longwood University's head basketball coach Jayson Gee and Lynette, were forced to sit on the sideline as their son Bryan fought through unexpected complications.

"It was extremely difficult, so we leaned on each other as a family and depended on our faith and trust in God to get us through," said Jayson.

An appendectomy is viewed as a common emergency surgery performed to treat appendicitis, an inflammatory condition of the appendix. However, when doctors pulled the tube from his throat, Bryan had a laryngospasm, an involuntary muscular contraction of the vocal folds.

This condition usually lasts less than 60 seconds, but can span 20-30 minutes, blocking one's breathing. Bryan's lungs filled with blood and fluids.

"It almost suffocated me," he said.

During this time, Bryan was unaware of the severity of what he had just been through: a simple operation that turned life threatening. And now, over a year later, Bryan continues to have complications, forcing him to sit out during his junior year with the program.

"I was just confused, like why did they have all these IVs, a catheter and all this terrible stuff hooked up to me, getting shots every few hours throughout the day," said Bryan.

He couldn't walk, run, or speak for days after his surgery. At times he even coughed up blood.

"Even through all that I was thinking, why am I not

practicing?' I couldn't wait to get out of there, it was torture," said Bryan.

As a point guard for the Longwood men's basketball team, he said it wasn't the first time he had trouble breathing.

L o n g w o o d Director for Sports Performance and Leadership Rick Canter was one of the first to notice Bryan's problem breathing as the point guard struggled with the summer's workload.

When Canter noticed Bryan's difficulties, he said he notified the athletic training staff. Throughout the beginning of the season, Canter and athletic trainers closely monitored Bryan's condition.

"It continually got worse, and that's when we started the process of looking into what was going on. We have a typical process with our staff and athletic trainers where we look deeper and get the team doctors involved," said Canter. saw slight progress in Bryan's condition, yet Jayson didn't feel as confident in his son and player's strides. After Bryan's season was ended early due to his trouble breathing and keeping up with everyone else's speed, the doctor urged him to rest his body for a four-month period.

After unexpected complications Gee was hospitalized for a few weeks.

He was diagnosed with overtraining syndrome, a condition where one's body is worked beyond its ability to recover. Overload on the body without adequate recovery causes

"Even through all that I was thinking, 'why am I not practicing?' I couldn't wait to get out of there, it was torture," -Bryan Gee

Once Bryan's unrelated appendix surgery went south, it stunted his breathing even more. Bryan displayed passionate emotion while explaining his commitment to his team.

Trembling with glary eyes, he spoke of his high hopes to finish the season. This ultimately was not the case. Bryan's team started off conference play with a record of 3-0 with him leading the charge at point.

With the absence of Bryan, the team failed to win another game. Canter and Jayson thought Bryan was the missing puzzle piece.

In the summer of 2017, Canter

the body to backfire and decrease performance, resulting in physical and psychological symptoms of overtraining syndrome.

In early August, the doctor suggested Bryan sit out a year to help his body heal, due to his struggles throughout the summer to get back to health. One might take this news as a devastating shot, yet Gee believed it relieved some of his son's burden.

"I think his health was really weighing him down. Once he lost the pressure of having to get well as soon as possible, I think that really helped him mentally and physically," said Jayson.

Though Bryan may feel less pressure, he would surely love to be on the court this season with his teammates. As Bryan stared, eyes heavy and thick with emotion, he broke the silence with a brief sigh.

COURTESY OF BRYAN GEE

"Not being able to play is tough," said Bryan. "I really love basketball so much." The 6-foot-2 redshirt junior sniffed after going silent.

As the room filled with melancholy, Bryan said, "Basketball does something that normal stuff just doesn't do for me. But I'm able to get through it because I just see my teammates and I like speaking life into them, trying to live my season through them; so when they succeed, I feel like I succeed with them."

Bryan will continue to support the team off the court, cheering them on. Jayson said his son and point guard brings as much energy off the court as he does on it.

Bryan said he thought this could be a really good year for him, because after putting so much into basketball physically and emotionally, he now has time to focus on other things he holds dear.

Though this season ending injury was devastating for Bryan, coaching staff and team, he said, "I would love to be a part of the team because I feel as though we're going to do special thing this season. But obviously that's not in God's plan, so I'm cool with whatever he has planned for me."



On June 16, 2016, men's basketball player Bryan Gee went to the hospital with appendecitis.



Longwood womens soccer's historic fell short taking the Big South title, falling 1-0 to High Point in the conference championship in North Carolina.

by Patrick Sanderson | Sports Staff | @psanderson20

ongwood women's soccer carried a ten-game unbeaten streak into their first Big South championship in program history, only to face the same team who last defeated them back on Sept. 23, earlier this season.

The surging Lancers marched into Greensboro, N.C. looking to knock off topseeded High Point, who, before Sunday, represented Longwood's last two conference losses dating back to last season.

Senior forward Meredith Dunker's 39th minute goal was the difference in Sunday's championship game, propelling High Point over Longwood en route to their first Big South title since 2014, and sixth all-time.

Thus, Longwood's memorable season, including ten consecutive games with no losses, two SportsCenter Top 10 Plays, and a handful of Big South honors came to a heartbreaking end in the winner-take-all game.

After the loss, Longwood head coach Todd Dyer told his team there was nothing to hang their heads about, having outperformed their opposition.

"I told them I'm very proud of them. I thought we did everything we could to put ourselves in a position to win, and it just wasn't good enough," said the 2017 Big South Coach of the Year.

The Lancers relentlessly put pressure on the Panthers defense, peppering 16 shots, eight on goal, compared to High Point's five.

Three of those shots came from senior midfielder Janese Quick, who served six

corner kicks in the second half in her final game wearing a Lancer uniform.

Also in her final game of her decorated career, senior goalkeeper Maria Kirby had three saves on five shots, finishing with 89 saves on the season, third in the Big South.

Longwood finished their 2017 season with a 13-5-3 record, leading the Big South in shots with 344, allowing 12 goals all season while blanking their opponents 11 times.

Senior forward and 2017 Big South scholarathlete award winner Teresa Fruchterman said even though the team didn't get the result they were looking for, they instead remained positive and reflected on their remarkable feats.

"It's the game of soccer - the better team doesn't always win, and I think that happened in this game," she said. "It's one of those things that's tough to swallow, but at the end of the day, if you put in your all and tried your best, that's all you can ask for."

After losing in the Big South semifinal in 2016, Dyer wanted to take it one step further in 2017, which he ultimately accomplished. Next season, being his 25th year as head coach, Dyer wants to take his program to the next level.

"We took it one step further (this year). We want to win the thing. So that's one step further that still lies ahead of us. Nothing will be given - we got to earn it all over again, but I think the expectation is we're going to do everything we can to get into that championship again and win it next time." Although the Lancers are seeing four seniors depart, including Fruchterman, Quick, Kirby and forward Jenna Tomayko, their future is bright with the bulk of their lineup returning.

As much as the team wanted to win, Dyer said his experience with his team this season was like no other, and he is excited to continue the relationships and successes into 2018.

"They're a great group of people; they deserve all of their success. I'll take relationships over trophies any day of the week," said Dyer. "If they were to give us a big shiny object at the end of it and called us champion, that's cool too. But getting to share that experience with such a great group of young women, that's what's important."



Emily Kupsov pictured above.