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Longwood: Life during COVID-19

Library, Special Collections, and Archives

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Covid Entry

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For my entry, I will talk about what I am doing in my life right now. I will also talk about what I would be doing in my life right now if the Coronavirus had not changed everything. I will first start with what I am doing today.

Today is April 15, 2020. My life is very boring since the COVID-19 outbreak. I woke up at 10 o'clock and started my day by doing some exercise. I am unable to go to the gym so I have gotten used to workout out with limited space and no weights. I work out for about 30 minutes to an hour every morning. I do exercises such as running, stretching, cardio training, etc. After my quick workout, I will get in the shower and then immediately start working on my homework for the day. Since I don't have to attend class, homework and tests are really the only thing that I am responsible for. I spend approximately one to two hours a day on homework and then for the rest of the day I am completely free. Since we are social distancing, I have been unable to hang out with friends. To pass the time, I have been watching a lot of T.V. and Netflix. In conclusion, my days since the COVID-19 outbreak have been extremely boring and unproductive.

I will now go through the day of April 15, 2020, as if I were still in school and playing baseball. On a typical game day, my day is always the same. Routine is something that is very important for a lot of baseball players. I will start my day waking up at 8 o'clock and getting ready by showering and getting dressed. I will then head straight to the dining hall and eating breakfast. Following breakfast, I will go to the training room to get stretched and do treatment. I will then go to class from 10 o'clock until 1. I go to lunch after class and then head straight to the field. I was most likely going to be the starting pitcher in today's game. We were playing NC Central. The game was supposed to start at 4:30 and would most likely end around 7. After the game, I would go get dinner with some of my teammates and then head home to shower. Following my

shower, I would go to the library until about 9:30 to do homework and study. After the library, I would head back to my apartment and call it a day.

As you can see, my day is a lot busier if the COVID-19 outbreak never happened but I would do anything to go back to that life. Having everything taken from you is something that I would have never imagined. It makes you really think about the saying, play this game like it is your last.

Fortunately for me, I will be returning to Longwood next year. I now know to never take anything for granted.